

## NEXT STEP BASKETBALL CLINIC

Director: John Mulryan  
Assistant Girl's Basketball Coach  
West Boylston Middle High School  
**508-713-2212**  
**jdmulryan@gmail.com**

**When: June 21- June 24<sup>th</sup> 2010**  
**9am-12 noon**  
**Houghton Elementary School**

**Who: Girls and Boys,**  
**Grades 2<sup>nd</sup> through 5<sup>th</sup>**

**Camp fee:      \$100 per person**

***Philosophy:*** It is the goal of our staff to teach young athletes about the game of basketball. We will emphasize the importance of teamwork, sportsmanship and fundamentals.

### A TYPICAL DAY'S SCHEDULE

Clinic meeting  
Warm up- Activities  
Stations  
Individual practice/schedule  
Mini-Lecture  
Games  
Individual and team contests



## 2010 Clinic Application Form

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/Town \_\_\_\_\_  
ST. \_\_\_\_\_ ZIP \_\_\_\_\_  
Age \_\_\_\_\_ D.O.B. \_\_\_\_\_  
Telephone \_\_\_\_\_  
Email \_\_\_\_\_

I give my son/daughter permission to participate in this clinic.  
I realize the risks involved with this participation and assume responsibility.  
I will not hold the clinic, its staff, the town of Sterling, or the  
Sterling School Department liable for any injury or illness sustained  
while attending this clinic.

Parent/guardian signature \_\_\_\_\_

### CLINIC ATTENDING

Time Slot:            9am-12noon (\$100)

T-Shirt Size: Small   Medium   Large  
(All T-shirts are in Youth Sizes)

**Please make checks payable to:**

**Town of Sterling**

**Mail Checks to:**  
Sterling Recreation Department  
1 Park St. Sterling, MA 01564